

**AGREEMENT FOR BORN READY FITNESS LLC SERVICES**

**ONE-ON-ONE IN HOME PERSONAL TRAINING**

**I. Contact Information (please print)**

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Name – Last	First	Birthdate	Age	Home Phone
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Current Mailing Address	City	State	Zip	Cell Phone	Work Phone
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Contact Person in case of Emergency	Relationship	phone
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**II. Personal Fitness Commitment**

In consideration of my own personal training needs, I \_\_\_\_\_, hereby agree to enter into a personal training agreement with Born Ready Fitness LLC and agree to commit the time necessary to accomplish my goals as written and reviewed by myself and Born Ready Fitness LLC.

**III. TERMS**

1. Today's date is \_\_\_\_\_.
2. This agreement will begin on \_\_\_\_\_.
3. This is agreement is for \_\_\_\_\_.

An unlimited amount of personal training lessons per month for as long as he or she wants to participate in training with Born Ready Fitness LLC.

**IV. PAYMENT**

1. All payments for services should be paid by credit card only (Master Card, Visa)
2. Price per 1 hour Lesson is \$139.00.
3. The 90 minutes diagnostic will be your first paying lesson. The Diagnostic is included as one of the six lessons due upon signing up. (That is a \$189.00 value for only \$139.00). A proper diagnostic is a mandatory before proceeding to any other lesson.
4. 25% payment of the diagnostic lesson is due at the time of making your first appointment. You can make the payment on our website at [www.BornReadyFitness.com](http://www.BornReadyFitness.com). Total amount due: \$34.75.
5. Once the 90 minute diagnostic lesson is completed with your fitness professional the remaining balance of the diagnostic lesson will be charged to your account for a total of \$104.25. If you choose to continue training with one of our Fitness professionals after the diagnostic a total of \$695.00 for the remaining 5 startup lessons will be charged to your account + the remaining balance of diagnostic for a total of \$799.25.
6. Once your six lessons are used you will be put on our monthly billing system. There is no minimum or maximum number of lessons you have to use in a month. The total number of lessons taken during that month will be \_\_\_\_\_.

charged to your Credit Card the first business day of the following month. A receipt will then be sent to you by email with the dates of each lesson you had with your Fitness professional. Train first, pay later fitness policy.

7. If for any reason after paying the initial 25% up front for the diagnostic you decide not to use our services we will gladly reimburse your credit card \$34.75.

Credit Card: \_\_\_\_\_ Credit Card #: \_\_\_\_\_  
Exp: \_\_\_\_\_ CVV code: \_\_\_\_\_  
Email Address: \_\_\_\_\_

#### **V. RESCHEDULE AND CANCELLATION**

A. Rescheduling of any session requires a 24 hour notice so that your Certified Life Fitness Coach can find a replacement during that scheduled time slot you originally had.

B. If you choose to no longer train with Born Ready Fitness LLC there will be no charge, and a 30 day notice is not required. The only lessons that you will be charged for are those that you already used.

Born Ready Fitness LLC urges all participants to obtain a physical examination form from their physician prior to beginning any exercise program. Under certain circumstances, Born Ready Fitness LLC may require a physician's approval prior to beginning a training program. I hereby acknowledge that I have reviewed and agree to the above conditions. Any questions that I had concerning these conditions have been answered to my satisfaction.

_____	_____	_____	_____
Client Signature	Date	Life coach Signature	Date
_____	_____	_____	_____
Client Printed Name		Life Coach Printed Name	

Michael Gulyas  
Owner  
Born Ready Fitness LLC.  
27 Lois Street  
Norwalk, CT 06851  
(203) 895-8715  
[www.bornreadyfitness.com](http://www.bornreadyfitness.com)  
Bornreadyfit@gmail.com